

# Mirena

## *Get to know the details on Mirena*

- Small and T-shaped
- Made of soft, flexible plastic
- Placed in your uterus by a healthcare provider who can remove it at any time in case your plans change
- Can be used whether or not you've had a baby



You may experience pain, bleeding or dizziness during and after placement. If your symptoms do not pass within 30 minutes after placement, Mirena may not have been placed correctly. Your healthcare provider will examine you to see if Mirena needs to be removed or replaced.

## *A Mirena IUD is one of the most effective forms of birth control*

- Is over 99% effective at preventing pregnancy for up to 8 years
- Less than 1 pregnancy per 100 women in a year
- The first and only hormone-releasing IUD that is FDA-approved to treat heavy periods—also known as heavy menstrual bleeding (HMB)—for up to 5 years in women who choose an IUD for birth control

Source: <https://www.mirena-us.com>