

Endometrial Ablation

NovaSure® Endometrial Ablation

The NovaSure® procedure is designed to leave your uterus intact by removing just the uterine lining—the endometrium—which is the part of your body that can cause heavy periods.

Quick, Simple, Safe

The actual endometrial ablation procedure is performed in 5 minutes. There's no pre-treatment required. And you can have the procedure done at any time during your cycle, even if you're bleeding. It can be performed right in your doctor's office, and endometrial ablation recovery is also quick and simple – some women return to work the day after. Approved by the FDA in 2001, the NovaSure® procedure has been used and trusted by physicians for more than 20 years.

How It Works

4 Easy Steps and Goodbye Heavy Periods

1. Your doctor slightly dilates your cervix, inserts a slender wand, and extends a triangular-shaped netted device into your uterus.
2. The netting expands, fitting to the size and shape of your uterus.
3. The NovaSure procedure, precisely measured radiofrequency to ablate the endometrium. During the procedure, precisely measured radiofrequency energy is delivered through the netting for about 90 seconds.
4. The netted device is pulled back into the wand, and both are removed from your uterus.

Is the NovaSure Procedure Right for Me?

Having a NovaSure endometrial ablation procedure is one of the easiest ways that can reduce or eliminate heavy bleeding to dramatically improve your quality of life—and free you to do all the activities you love. When considering a procedure like NovaSure endometrial ablation, it is important for you to understand and consider all the other treatment options available to you.

First and foremost, you must be absolutely sure you do not want to have any children in the future. Your uterine lining is removed during an endometrial ablation procedure. This is the area in your body where the bleeding originates—and it's essential for nurturing the growth of a fetus.

Source: <https://gynsurgicalsolutions.com/patients/novasure/>